Principal’s Report

Interschool Sports—We will be playing again next Friday November 28th against Strathfieldsaye PS at Quarry Hill PS. The games will begin at approximately 1:30pm and as always parents are most welcome to come and watch. We also need a parent who is able to transport students to and from the location on Friday – please let me know if you are able to help.

Bendigo Sanitarium Weet-Bix Kids TRYathlon
Yesterday we were very lucky to have a visit at from a member of the Weet-Bix Kids TRYathlon team. They spoke to the students about the great health benefits of being involved in sport and the fun you can have taking part in a triathlon. They also told us about an upcoming kids event in Bendigo on Sunday the 1st March 2015. The Weet-Bix Kids TRYathlon starts with a swim at the Bendigo Aquatic Centre, followed by a cycle and then a run around the picturesque Queen Elizabeth Oval. Participants will finish at the Weet-Bix Kids TRYathlon Village where friends and helpers will cheer them across the line and they will be awarded with a Champion’s Medal from an Australian sporting hero. For further information and some great training advise please go to http://tryathlon.weetbix.com.au/my-location/bendigo.

SFO Forms—Please don’t forget to complete the SFO form sent home a couple of weeks ago and return it to school ASAP. It is vitally important that parents put their current occupation down not what they used to do or are trained/educated to do. For example if you are a qualified nurse but are currently a stay at home mum then you need to put down that you are a stay at home mum. If you need further clarification around this or need help filling out the form please don’t hesitate to speak to myself or Marie at school.

Support for Parents—Parents need to be aware that the end of EMA direct payments will not affect any other payments you may be receiving, such as the Schoolkids Bonus, which is paid directly to eligible parents to assist with education costs. Each year eligible families will receive up to:
$422 for each child in primary school (two instalments of $211)
Half is paid in January and half in July
To be eligible for the Schoolkids Bonus you must be a parent or carer who receives Family Tax Benefit A for a dependent child.

Others Services to Help Manage your Education Expenses
Centrepay is a voluntary bill paying service that is easy to use. You can start, change or cancel Centrepay deductions at any time, to suit your own personal circumstances. By choosing to use Centrepay you benefit from knowing that your bills are under control. Instead of having large bills, you can pay your bills in manageable amounts from your Centrelink payment, making budgeting easier. There are several ways to start Centrepay deductions. You can:
- Start a Centrepay deduction online using your Centrelink online account
- Complete a Centrepay deduction form
- Visit your local Centrelink service centre or phone Centrelink
End of Year Concert/Community Night - Please note that the Community Night will commence this year at 5pm this year with the End of Year Concert and celebrations kicking off at 5.30pm. A community tea will follow at around 6.30pm. Further details will be provided closer to the night.

Mindfulness—I am heading to Melbourne tomorrow to attend a Mindfulness Learning Forum: The Role of Mindfulness in Education presented by Monash University. The Symposium sessions will deal with things such as; Mindfulness & Why attention Matters at School, Integrating Mindfulness into Schools and Mindfulness and Student Wellbeing. We know that Mindfulness is important in developing attention regulation, working memory, emotional regulation and reasoning ability. Mindfulness has been found to have important benefits for learning, brain development and functioning, as well as mental health and physical health benefits. This should be a very informative day and will provide the school with a range of evidence and ideas to further support our current program.

BSE Cinderella Performance—Our excursion to watch Bendigo South East Secondary College’s Matinee Performance of RODGERS & HAMMERSTEIN’S Cinderella is on tomorrow. All students will attend and permission is covered under the Local Excursions Permission Forms. There is no charge for this excursion as the school is covering all entry and bus costs. This is a special treat for our students and hopefully we will see some past students performing on stage.

School Accounts—Just a reminder that all 2014 school accounts need to be finalised by the end of November to ensure all accounting is completed for the end of year roll over. Thank you to families who have already finalised their account - if you have not, it would be appreciate if you could do so as soon as possible. If you wish to discuss your account or organise a payment plan, please see myself or Marie. Banking Details below (please add your name)
Commonwealth Bank—Eppalock Primary School Council Official Account
BSB 063-506 Account Number 10152204

School Council—Just a reminder that the October School Council meeting is this Thursday night, 20th November in the Staff Room.

SWIMMING PROGRAM 2014
The last lesson for this term will be held next Tuesday, 25th November at the YMCA Complex, Eaglehawk commencing at 1.00 pm.

ORIENTATION PROGRAM DATES FOR 2015 PREPS
- Wednesday 19th November - 9.30am-11.00am
- Monday 24th November - 10.00am-11.30am
- Tuesday December 9th – 9.00 am – 11.30 am - Whole school Orientation Day/Classroom

Have a great week ………….Mrs Ryan

PARENT CLUB NEWS

ELECTION DAY CAKE STALL/ BBQ
Saturday 29th November here at school—see attached flyer with details.

CHRISTMAS HAMPER— as part of our end of year Community Night we will have a Christmas Hamper. We ask families for a donation or two of non-perishable goods (please check use-by dates) for this hamper. Items can be left in the box in the school foyer.
<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>November 2015</td>
<td></td>
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<tr>
<td>Wednesday 19th</td>
<td>9.30 am—10.30 am</td>
<td>2015 Prep Transition</td>
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<tr>
<td>Thursday 20th</td>
<td>—</td>
<td>Excursion—Cinderella Performance—Capital Theatre—whole school (no cost)</td>
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<tr>
<td>Monday 24th</td>
<td>10.00 am—11.30 am</td>
<td>2015 Prep Transition</td>
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<tr>
<td>Tuesday 25th</td>
<td>—</td>
<td>Music / Drama</td>
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<td>Wednesday 26th</td>
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<td>Active After School—Basketball</td>
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<tr>
<td>Thursday 27th</td>
<td>—</td>
<td>School Council meeting—6.00 pm</td>
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<tr>
<td>Friday 28th</td>
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<td>Scholastic Book Club orders and money due</td>
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<tr>
<td>Saturday 29th</td>
<td>—</td>
<td>Grade 5/6 Interschool Sports</td>
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<td>December</td>
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<td>Tuesday 2nd</td>
<td>—</td>
<td>Drama / Music</td>
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<td>Wednesday 3rd</td>
<td>—</td>
<td>Visit to Victoria Heights</td>
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<td>Thursday 4th</td>
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<td>Active After School—Multi Skills—last session for Term 4</td>
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<td>Friday 8th</td>
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<td>Echuca Excursion—whole school (no cost)</td>
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<td>Tuesday 9th</td>
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<td>Orientation Day</td>
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<td>Thursday 11th</td>
<td>—</td>
<td>Active After School—Basketball—last session for Term 4</td>
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<td>Friday 12th</td>
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<td>End of Year COMMUNITY NIGHT 5.00 pm start</td>
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<td>Tuesday 16th</td>
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<td>Concert 5.30 pm—Community Tea 6.30 pm</td>
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<tr>
<td>Friday 19th</td>
<td>—</td>
<td>Grade 6 Graduation Dinner</td>
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<td></td>
<td>—</td>
<td>Last Day of Term—1.30 pm finish</td>
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**FRESH EGGS FOR SALE** (from our school chickens)

$1.50 per half dozen

See Marie or Ronda if you would like some
CHINESE IMMERSION PROGRAM

Every Tuesday our Chinese students go to Kennington Primary School to learn English. They attend classes with other Chinese students from Kennington, Spring Gully and Quarry Hill. Within the session the students have been learning about Australian Animals. So far the students have looked at the kangaroo, koala, wombat and emu. At the end of each session they have made a felt fridge magnet of the animal they studied that day.

The students have sung along to “Home Among the Gum Trees” and learnt some Aussie words: G’day, arvo, Ta, and see ya. This week the Chinese students looked at Aboriginal Art and decorated boomerangs. Next week they will fly them.

AWARDS

Congratulations to the following students who received awards this week

- Cooper for doing some terrific story writing
- Will for always showing great sportsmanship
- Chloe for working hard on her writing

Our Value this Term is RESPECT—treat others with consideration and regard; respect another person’s point of view. Congratulations to JESSE who received our RESPECT AWARD this week.

HAPPY BIRTHDAY TO ...

Mackenzie C for today—18th November
Will for Friday 21st November

We hope you both have a fantastic day
### Every Minute Counts

**Just a little bit late doesn't seem much but.....**

<table>
<thead>
<tr>
<th>He/She is only missing</th>
<th>That equals</th>
<th>Which is</th>
<th>over 13 years of schooling, that's....</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>60 minutes per week</td>
<td>Nearly 1.5 weeks per year</td>
<td>Nearly HALF A YEAR</td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 minutes per week</td>
<td>Nearly 2.5 weeks per year</td>
<td>Nearly 1 YEAR</td>
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<tr>
<td>Half an hour per day</td>
<td>Half a day per week</td>
<td>4 weeks per year</td>
<td>Nearly 1 AND A HALF YEARS</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day per week</td>
<td>8 weeks per year</td>
<td>Nearly 2 AND A HALF YEARS</td>
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</table>

**Did you know your child’s best learning time is the start of the school day?**

That's when every minute counts the most!
COMMUNITY NOTICES

Fun Languages for Little Linguists

CHRISTMAS
FUN Language holiday program

Monday 22nd December 9am - 4pm
Tuesday 23rd December 9am – 4pm
Wednesday 24th December 9am – 12noon

Are your kids finishing school & you still have to work?
We have an exciting holiday option for the kids

A super fun, Christmas-themed language experience!
Kid’s cooking, cultural dress ups, games, craft, role-play & learning about Christmas festivities in another country – all in another language! Beginners & intermediate welcome.

CHOOSE: French, Mandarin or Italian program

$85 per child per day ($50 for half day Wednesday)

Play-based fun language programs designed especially for 4 children

Be quick – only 15 places available per session (min numbers apply)

Semi-immersion. Complements in-school LOTE (any language)
Different program daily so kids can do all 3 sessions.

** ALSO - REGISTRATIONS NOW OPEN for our 2015 IMMERSION
3yr/4yr PRE-SCHOOL PROGRAMS.
Small group, personalised, play-based language learning. It’s a weekly 2hr (like 3yr kinder) program in another language.
Choose immersion French or immersion Mandarin in Bendigo.
Ask our 2014 parents about the amazing results for their pre-schoolers!

Enquiries to Sally-Anne m: 0418 390 824
e: sally-anne.symes@lcfclubs.com.au
www.lcfclubs.com.au (2-5yrs) (5-12yrs)
Ask us about our term-time Fun Language Clubs 4 Kids for 2015