Welcome back to all our families. I hope everyone had a lovely, restful break and all our students are ready to take on the challenges of term 3. Also a big warm welcome to the Friswell family and their two boys Jamison in grade 1 and Baylee in grade 3 who joined the Eppalock Primary School Community yesterday.

SAD NEWS
Sadly Mrs Lindhe’s father passed away over the holidays. As you can imagine this has been a very sad and emotional time for Mrs Lindhe and her family and we wish them all our deepest condolences. Mrs Lindhe will be away from school for the first two weeks of this term and Mrs J will be taking her grade for this time.

TERM 3 VALUES
We will be focusing on the values of Responsibility – be accountable for one’s own actions, resolve differences in constructive, non-violent and peaceful ways; contribute to society and civic life, take care of the environment during term 3 and will be giving students who display this value awards at assembly on Monday mornings. We are also continuing with our ‘Random Acts of Kindness’ this term for students, teachers, parents and community members so please feel free to pop any Random Acts of Kindness in the box to be drawn out at Monday morning assembly.

WEBSITE
Don’t forget to regularly check our school website at: http://www.eppalockps.vic.edu.au. The website is updated frequently with new information and photos being added on a weekly bases.

FOOTBALL CARNIVAL & SIDELINE BASKETBALL
- The grade 5/6 children are taking part in an interschool Football Carnival at Catholic College, Junortoun next, Wednesday 23rd July. We will be joining with Axedale PS for this event. Thanks to Ms Hartney for organising this. Further information will be sent home to parents shortly.
- The grade 3-6 students will be participating in the Sideline Basketball Competition next Tuesday 22nd July at the Schweppes Centre.

BSE MUSIC GRADE 6 CONCERT
The Grade 6 students will be travelling by bus to Bendigo South East College Theatre this Friday, 18th July between 1.45-2.45pm for the annual Music Concert as part of our ongoing transition program. The interactive concert showcases the school’s 2014 Ensembles and introduces students to the different instruments and ensembles available to experience in the BSE music program. Students will receive information documents at the end of the Grade 6 Concert to take home, along with an invite to our ‘Come & Try Night’.
Parent/Teacher Interviews & Student Led Conferences
We will be conducting Parent/Teacher Interviews and Student Led Conferences on Tuesday 29th July. Notes will be sent home shortly to all families so you are able to nominate times that suit you. If you can’t make it on this date please let your child’s teacher know some dates and times that may suit and we can make alternative arrangements. Grade 5/6 students will be required at school during their allocated time only and Prep – 4 students are not required at all on the day but care will be provided for these children while their parents meet with teachers.

‘School-Wide Positive Behaviour Support’ (SWPBS) Program
Our school has been successful in our application to become a SWPBS School – ‘School-Wide Positive Behaviour Support’. This program will commence in Term 3 2014, and conclude in 2015 and comes with guidance and support from our mentor school Merbein College as well as ongoing support from the Department of Education and Early Childhood Development. We will also receive $4000 dollars to assist with the implementation of the program.

SWPBS is an evidence-based framework for preventing and responding to student behaviour. It aims to create a positive school climate, a culture of student competence and an open, responsive management system for all school community members.

SWPBS includes analysis of data in professional learning teams, implementation of research-validated practices and organisational systems for establishing safe, purposeful and inclusive school and classroom learning environments while providing the individual behaviour and learning supports needed to achieve academic and social success for all students.

CASEA Program
The CASEA Program will be provided to students and families in our school throughout term 4. The CASEA program has been designed to assist schools and families to support primary school-aged children with their social, emotional and behavioural development. It aims to enhance skills in understanding and expressing feelings, as well as getting along with others.

The CASEA program can address a wide range of issues including:

- poor self regulation of emotion
- difficult or challenging behaviours
- classroom behaviour management
- anxiety
- attachment and healthy relationships
- impact of trauma

The CASEA team will be coming to our school on Monday 28th July to offer a parent information session from 9.30am – 10.30am (please see attached flyer). This is a great opportunity for families to find out more about this program and what it offers students, parents and the school. Please return the RSVP as soon as possible if you are able to attend. This is a fantastic program and I encourage all parents to take up this opportunity to find out what CASEA has to offer.

THANK YOU
I would like to say a HUGE THANK YOU to all the staff for holding the fort while I was on leave and also to all the parents who participated in the Working Bee on the last day of term. By all accounts it was a great, productive afternoon. Thank you.

Have a great responsible week, Mrs Ryan.

REMINDERS …

- RELIGIOUS INSTRUCTIONS & ICT (INTERNET) USAGE POLICY
  These documents were sent home during the last week of Term 2. If you have not returned them, please do so asap. If you need another copy of these documents, please ask at the office.

- PREMIER’S READING CHALLENGE—don’t forget to keep reading.

- SCHOOL ACCOUNTS—if you are using direct deposits into the school account, please ensure you include your family or child’s name on the transaction. Bank details –
  Account Name  Eppalock Primary School Council Official Account
  Bank          Commonwealth Bank
  Account BSB   063 506
  Account Number 10152204
IMPORTANT DATES

**JULY**

Friday 18th  Living Green  
BSE Music Concert (Grade 6 students)

Tuesday 22nd  Sideline Basketball (Grade 3-6 students)

Wednesday 23rd  Regional Football with Axedale PS (Grade 5 & 6 students)

Thursday 24th  MARC Library

Friday 25th  Schools Tree Planting Day at Axedale (Prep—Grade 6)

Monday 28th  Confucius Classroom

Tuesday 29th  Parent / Teacher Interviews (12noon—6.00 pm) PUPIL FREE

Wednesday 30th  Music / Drama

**AUGUST**

Friday 1st  Parent Club Special Lunch—SOUP

Lend a Hand on Schools National Tree Day - Friday July 25th

Eppalock is teaming up with Axedale Primary School to create habitat for native wildlife and improve water quality of the Campaspe catchment by planting trees along the Campaspe River on **Friday July 25th 2014**.

It will be a great day outdoors and we would love some parent helpers on the day!

On the day we will be leaving school by bus at 12.10pm travelling to Axedale River Reserve where we will eat lunch.

We are very lucky to have a Platypus Expert talk to us about our local elusive monotreme on the river bank.

1.45-2.45pm tree planting - BYO gloves and trowels. Don't forget clothing appropriate to the weather

The meeting site for tree planting is immediately to the south of the McIvor Hwy bridge in Axedale. Best car access is via Campaspe Drive (left off Hwy before bridge).

For more information or to let me know that you will be coming on the day please email me

fehring.lydia.r@edumail.vic.gov.au

PARENT CLUB NEWS

Parent Club will run a special lunch on Friday 1st August with a delicious selection of soups available.

(details next week)

TRIVIA NIGHT—our annual Trivia Night is being organised for Term 3. We are seeking the support of family and friends with donations of Auction Items and Raffle Prizes.

If you can help, please let Nikki know.
Tuesday 22nd July
9.30am to 2.30pm @ Bendigo Stadium

The Sideline Challenge is a great fun day for all to be involved in basketball. The day has a long history of involvement with Bendigo Primary Schools.

THE CONCEPT
14 minute games in 2 halves.
Ten players per team.
Teams may be Grade 3/4 or 5/6.
Times may be mixed or gender based.
Every player touches the ball.
All players receive a show bag.

All students in Grades 3-6 will be attending the Sideline Basketball Challenge at the Bendigo Stadium on Tuesday 22nd July. There will be a cost of $6.50 per students to cover the bus and payment in a named envelope would be appreciated prior to the day. There is no permission form required for the day as it is covered under the local excursion permission form.
Parents are welcome and encouraged to attend to cheer on the Eppalock Heat & Eppalock Lakers!

GRADES 5/6 SCHOOL FOOTBALL

The Inter-School Football Carnival for Grade 5/6 students will be held next Wednesday 23rd July at Catholic College Bendigo, LaValla Campus in Junortoun. Students will be combining with the students from Axedale Primary School to form the team and Mrs Ryan and Ash will be attending with the students. More Details to follow in next weeks newsletter.
Dear Parent

Have you ever thought about wanting some new ways to help your child cope with the ups and downs of life? To help teach your kids about strong feelings and how they can manage them better? To learn parent approaches to remain calm when things get stressful in your family?

These feelings skills are really important to help children make and keep friends, do well at school and feel good about themselves.

Parents of children in prep to grade 6 have an opportunity in term 4 to participate in a free parent program at your school. It is an 8 week program which runs from **9-11am on Mondays** at Eppalock Primary School.

The group will commence on **Monday 6th October 2014** and conclude on **Monday 24th November 2014**.

If you would like to find out more about the program, please come and meet Kerry Holland and Megan Rohde from Bendigo CASEA (Bendigo Health) from **9.30-10.30am on Monday 28th July 2014** at **Eppalock PS**.

If you cannot make this time and would like some more information on the program please call Kerry or Megan on Ph 5442 7596.

Please return the attached RSVP to school by Friday 25th July, 2014

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Yes I will be attending the CASEA Parent Info session on Monday 28th July, 2014.

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Name _________________________________________________________
**COMMUNITY NOTICES**

Are you eligible for public dental care?

All children aged 0-12 years and all Aboriginal and/or Torres Strait Islander people are eligible to access public dental services and are offered the next available appointment.

Treatment is free for people who hold a health care card; a minimal co-payment may be required for people who do not have a health care card.

Call Bendigo Health public dental service - 5454 7994 or Amy Clark, Loddon Mallee Oral Health Network on 0418 983 190.

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**AXE CREEK COMMUNITY FRESH PRODUCE SWAP**

Do you have excess vegetables, fruit, eggs or herbs from your garden? Not sure what to do with them? Bring them to the Axe Creek Community Fresh Produce Swap at Eppalock Primary School.

If you have excess vegetables, fresh fruit, eggs, herbs or any other items, please bring them along and be part of our Fresh Produce Swap program. There are baskets on the bench in the school foyer and the process is that you can swap your produce for other produce.

If you do not have produce to swap that’s OK, just help yourself to the fresh produce displayed. You do not need to pay for any of the produce, however if you wish to make a monetary donation for anything it will be put towards our Living Green Program.

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**BENDIGO BANK SCHOOL BANKING**

The staff from Bendigo Bank’s Strath Hill branch visit Eppalock Primary School each TUESDAY MORNING providing a school banking service for students.

Participants in the program will use a Bendigo Piggy Bank Passbook Account and moneybox to learn about the process and the benefits of saving.

With no account keeping fees, no transaction or government fees, no penalties and no deposit restrictions—plus a lot of fun games and rewards—a Piggy Bank Passbook Account makes saving fun.

*Please note—the school banking program provides a deposit service only, however, withdrawals can be made at the Strath Hill branch.*

Further information is available from the school office or by calling into the Bendigo Bank Strath Hill branch.

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**MS COMMUNITY SHOP STRATHVILLAGE IS IN NEED OF DONATIONS OF**

- Good quality clean clothing
- Bric-a-brac
- Manchester
- Kitchen items
- Accessories, shoes, jewellery
- CDs, Records, DVDs, Books

*MS Community Shop*

*Dressed by MS Community Shops*
Bendigo Family Nature Club GoldFields Bushwalk

Sunday 20th of July 10am - 1pm, Cost –FREE

Explore the marvelous Dissipaters along the Gold Fields Track. See the hydrological wonders! Walk a section of the Great Dividing Trail and ascend to a ridge with stunning views, with the Bendigo Family Nature Club.

The kids will love it as it has the feel of an adventure of discovery.

Please have your back packs ready and your boots laced. Pack a light picnic and some water.

Return walk is 3.5 kilometers, but it is steep, in parts scrambly to get up to these stunning views. Some marvelous big old trees too.

Please note there are no amenities. You are responsibility for children in your care, there are steep slopes, some loose soil and gravels. Uneven ground, and thorns.

Registration http://goldfieldsbushwalk.eventbrite.com.au

GREATER BENDIGO 3-MINUTE SMOKING SURVEY

The issues of smoking and passive smoking are a growing concern for the public.

To further understand the community’s perception of smoking, the City is conducting a 3-minute survey to help guide Council’s future decision making on developing local laws to ban smoking in public places.

All residents of Greater Bendigo (aged 14+) are invited to respond to this 3 minute questionnaire. Participation is voluntary. All responses will be anonymous and confidential, and will be accepted until 8 August, 2014.

To complete the survey visit the City’s website or www.surveymonkey.com/s/HTBSmoking or scan the QR code.

For further information about the survey, please call 5434 6000 or email healthytogether@bendigo.vic.gov.au.
Chinese Dumplings

**Ingredients:**

- 250g mince pork
- 1-2 spring onions, chopped finely
- 1 tbsp light soy sauce
- 1 egg
- ½ tbsp sesame oil
- 1 tbsp cooking oil
- 1 cup water
- A cup finely chopped cabbage preferred wonbok also named Chinese cabbage. (See note)
- 30 dumpling wrappers (available at Bendigo Asian Grocery or Spring Asian Mart at Kangaroo Flat)

**Instructions:**

Combine the pork, cabbage, spring onions, egg, soy sauce and sesame oil. Fill each dumpling wrapper with a teaspoon mixture, folding both sides up to form a semicircle, pleating at the top to seal. Use some water to wet the edge of the wrapper if it is too dry. Heat the oil in a non stick frying pan and arrange the dumplings in close rows. Fry over a medium heat for 2 minutes, or until the bottoms are golden. Add the water, cover the pan and cook for 3 minutes till wrappers are translucent. Uncover and continue cooking until the bottoms are again crisp. Serve the dumplings with light soy sauce mixed with chopped spring onion.

**NOTE:**

- Pork mince can be replaced with lamb, chicken, or beef mince.
- Cabbage can be replaced with finely chopped water chestnut or Chinese mushrooms, or Chinese cabbage or any other vegetables to your liking. If vegetables with a lot of juice are used, use a tea towel to wrap the chopped vegetable and squeeze the juice out. Then top some oil to seal the juice before mixing with meat mince.

Approximate preparing time: 30 minutes