Welcome back to school for term 4!

I hope everyone had a lovely, relaxing break and are ready for a busy last term of the 2013 school year.

WEBSITE
Don’t forget to regularly check our school website at; http://www.eppalockps.vic.edu.au. The website is updated frequently with new information and photos being added on a weekly basis.

SUN SMART HATS
Just a reminder that all students need to wear a broad brimmed hat when outside at recess and lunchtime. This also applies during Sport and PE sessions.

SCHOOL VALUES
During term 4 we will be focusing on the school value of ‘Respect’—treat others with consideration and regard; respect another person’s point of view. Teachers will be looking out for students displaying this value and awarding them for their great efforts.

HOCKEY CLINIC
Hockey Victoria will be conducting a school clinic (as part of the Hockey Victoria Road Show) this Friday morning, 11th October at our school. The clinic will provide our students with access to an engaging coaching session which is delivered by qualified hockey coaches. The school clinic is FREE for all students.

The students have again had a great start to the term and all classrooms having been buzzing with activity. Please keep a close eye on the school calendar to ensure you keep up to date with all that is going on at school as we are, again, extremely busy this term.

I hope everyone has a great term. Enjoy week 1 . . . Mrs. Ryan

PERSONAL ACCIDENT OR AMBULANCE COVER FOR STUDENTS
Families are reminded that the Department does not provide personal accident insurance or ambulance cover for students. Parents and guardians of students who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. Student accident insurance/ambulance cover policies are available from some commercial insurers.
PREP - GRADE 2 STUDENTS
Prep - Grade 2 students are focusing on Multiplication over the next two weeks. If you have the opportunity at home to encourage and work with your child/children at home that will be great. Another fun way is to use IXL Maths where you can have 20 free questions per day (www.au.ixl.com)

SUPPORT FROM LOCAL BUSINESSES
Eppalock Primary School receives fantastic support from a range of local businesses in the Strathfieldsaye area. We have received generous support from the following businesses –

- Supa IGA Strathfieldsaye
- Strathfieldsaye Bakery
- Edwards Greengrocer
- Hume & Iser Home Hardware
- Bendigrow Garden & Living Centre
- McDonalds Plant Plus Nursery
- Strathfieldsaye Hardware
- BUFS Pharmacy Strathfieldsaye,

Each week we will provide some information on each of these businesses that has supported the school. Please support these local businesses who support us!

SUPA IGA STRATHFIELDSAYE

SUPA IGA Strathfieldsaye is your local independently owned supermarkets servicing the grocery and liquor needs of our growing communities. Their commitment is to provide our local community with a high standard, fully serviced, independent supermarket that exceeds our customers expectation in service. You, our customer, are the most important aspect of the business and we will challenge everything we do to seek improvement in our services and to deliver what we promise.

For many years now Strathfieldsaye SUPA IGA has conducted a Community Benefit Programme. Simply our customers nominate their preferred Community Organisation and we donate 1% of their purchases back into that organisation.

If you would like to enrol to support EPPALOCK PRIMARY SCHOOL please speak to one of our Customer service staff at SUPER IGA Strathfieldsaye or see Marie in our School Office for details.

JUMP ROPE FOR HEART
All Jump Rope for Heart money MUST be returned to school tomorrow.

ACTIVE AFTER SCHOOL CARE - TERM 4
Active After School Care (AASC) for this term will commence on Tuesday 22nd October and run for 7 weeks. Students will be participating in Tennis on Tuesday sessions and Zumba/Dance on Thursday sessions. Permission forms will be sent home later this week and will need to be returned before Tuesday 22nd October if students would like to participate in AASC.

PARENT CLUB NEWS

Available—Gold Coast Resort Vouchers—$20.00 EACH
Various Resorts & Deals - eg. $169 to pay for 2 Adults, 4 nights (children $15 extra, per night). Fully Transferable and would make a great gift for family and friends! For further details please see Marie in the office.

WOODEN FRUIT CRATES (1.2 metres x 1.2 metres x 75 cm) are available from Taradale at $30.00 each (contact Vanessa Wild 0429 806 058 for further information). Vanessa and Brendan have purchased one for use here at the school—they make great planter boxes, vegie boxes etc.
IMPORTANT DATES

OCTOBER
Thursday 10th  MARC Library
Friday 11th  Hockey Victoria Workshop
Tuesday 15th  DRAMA / MUSIC
Wednesday 16th  River Detectives (Grade 4-6)
Thursday 17th  School Council—6pm
Friday 18th  SCHOOL SPORTS—Bendigo Athletic Centre

21st - 25th - Water Watch Week
Tuesday 22nd  Watch Watch Activities at Botanical Gardens
Wednesday 23rd  Cricket Victoria Session (P - 6)
                 Kids Matter PD
Thursday 24th  MARC LIBRARY
                 Kids Matter PD
Friday 25th  LOTE
                 CLUBS
                 Bendigo Show Excursion (Prep—Grade 2)
Monday 28th  Swimming Program
Tuesday 29th  DRAMA / MUSIC
Wednesday 30th  Bendigo Cup—Public Holiday
Thursday 31st  Pupil Free Day

NOVEMBER
FRIDAY 1st  LOTE
                 CLUBS
Monday 4th  Swimming Program
Australian Youth Choir visit
Tuesday 5th  Melbourne Cup - Cup Cake Day
Thursday 7th  MARC LIBRARY
                 2014 Prep Parent Picnic - 5:30pm– 7pm
Friday 8th  LOTE
                 CLUBS
Tuesday 12th  Swimming Program
Wednesday 13th  DRAMA / MUSIC
                 Prep Transition - 11:30am - 1pm
Friday 15th  LOTE
                 CLUBS

DECEMBER
Monday 2nd  Pupil Free Day - Report Writing Day
Tuesday 10th  Grade 6 Graduation Dinner
PRIVATE MUSIC LESSONS

Private lessons are held every Tuesday at Eppalock Primary School.

Guitar lessons  Vocal lessons
Bass lessons

For more information, please contact

Mel on 0430 042 405
Email: sina_rox@hotmail.com

AXE CREEK PLAYGROUP

Wednesday morning 9.00 am—11.00 am
Eppalock Primary School (old school building),
149 Patons Road, Axe Creek.

All welcome - morning tea and activities provided

BENDIGO RYU JUJITSU

Jujitsu for Kids - Building confidence and self-defence skills -
Thursday 4:30 - 5:30pm
1st Lesson FREE
Simply wear track suit pants & t-shirt

Adults Jujitsu
Monday & Wednesday
6:30 - 8:00pm

Enquire now about
Women’s Self Defence

Soke: Trevor Smith
215 Breen St, Bendigo
Ph: 03 5442 6613
info@jujitsuaustralia.com.au
www.jujitsuaustralia.com.au

BENDIGO HEALTH FOUNDATION

Fun Run
"Run for Health"
3 November 2013

Early Bird Price
Primary School: Free  Students: $25  Adults: $55
Register after September 1st: Students: $30  Adults: $65
Late entries after October 16: Students: $40  Adults $65

For more information and to register:
www.bendigohealth.org.au
FREECALL 1800 427 353
BENDIGO LITTLE ATHLETICS SEASON BEGINS THIS FRIDAY & SATURDAY

The Bendigo Little Athletics Season gets underway this weekend with a split program.

Friday October 11th Day 1 of Season starts for Under 9 through to Under 15 at 5pm
Saturday October 12th Day 1 of Season starts for Under 6 through to Under 8 at 8.30am
Saturday October 19th Day 2 of Season for all athletes – Under 6 through to Under 15

Where – Athletics Track, Retreat Rd, Flora Hill
Cost - $120.00 for the season. Register on line at www.lavic.com.au or register in person at one of our competition days. Come and try days available. These cost $5 per visit with a maximum of two visits for the season.
For more detailed information email bendigo@lavic.com.au. For registration enquiries registrarblac@hotmail.com or visit www.bendigolac.org.au

HOCKEY CENTRAL VIC TERM 4 HOCKEY

Hockey Central Vic is very excited to offer Term 4 hockey for the very first time AND again for the very first time at 4 different locations across Bendigo!
If your child is aged 5-12 years old and would like to participate, please attend the registration day in your area.
If you child is now a regular U11 or U13 player for a club, please also contact your club on the below details regarding other summer hockey programs they have on offer.

<table>
<thead>
<tr>
<th>Club</th>
<th>Location of Program</th>
<th>Registration/Come &amp; Try</th>
<th>6 week Program Starts</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eaglehawk Hockey Club</td>
<td>Eaglehawk Secondary College, Reserve St, Eaglehawk</td>
<td>Thurs 10th &amp; 17th Oct 5pm</td>
<td>Thurs 24th Oct 5pm</td>
<td>$25 no equipment, $50 with pack</td>
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<tr>
<td>Senjuns Hockey Club</td>
<td>Kangaroo Flat Primary School, Kangaroo Flat</td>
<td>Thurs 17th Oct 4pm</td>
<td>Thurs 24th Oct 5pm</td>
<td>$50 with pack</td>
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<tr>
<td>Sandhurst Hockey Club</td>
<td>Epsom Primary School, Howard Street Epsom</td>
<td>Tues 15th Oct 4pm</td>
<td>Tues 22nd Oct 4pm</td>
<td>$25 no equipment, $50 with pack</td>
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<tr>
<td>Strathdale Hockey Club</td>
<td>BSEC, Keck Street Flora Hill</td>
<td>Sat 12th October 10am</td>
<td>Tues 22nd Oct 4.30pm</td>
<td>$30 no equipment, $75 with pack</td>
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</tbody>
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Sunday 1st December 2013 GALA DAY at Ashley Street Hockey Complex to conclude program.

TENNIS VICTORIA MUMS PROGRAM

Only $35 for five weeks of group tennis coaching*

Tennis Victoria’s Mums’ Program is run by a Tennis Australia qualified coach which means that you will be in good hands to develop your tennis skills. In addition, save time and money on childcare by enrolling your child(ren) in the Tiny Tots program** for just $15 for the same five weeks. Open to beginners and those who would like to resume playing tennis, the Mum’s Program allows you to take some time out for yourself and get fit and active whilst socialising with other mums in your area.

Benefits of the Mums’ Program:
• Improve your health, have fun and get fit
• No need to find or pay for childcare to participate
• Receive expert tennis coaching
• Save money as you don’t have to purchase any equipment to participate
• Get a great taste of Cardio Tennis and get involved with your local tennis club for a minimal cost

Tiny Tots Program
Enrol your child in our Tiny Tots Program**
The Tiny Tots Program is targeted at children aged 3–5 and helps them develop fundamental motor skills whilst allowing you to participate in tennis, without the burden of having to find childcare.

To register for the Mums’ Program (and the Tiny Tots Program**), please contact Bendigo Tennis Association, Nolan Street, Bendigo. Steve Storer 0419 411 780 ss@bendigotennis.com.au
Places are limited so please register early.
For further information please contact Tennis Victoria on (03) 8420 8420 or visit:tennis.com.au/vic/play-tennis/getting-started.

* This program is open to new participants only.
** Subject to coach availability and mums must be participating in the Mums’ Program for their child to participate in the Tiny Tots Program.
Date Friday 18th October 2013

Venue Athletic Centre in Retreat Road, Spring Gully

Time Students need to be at venue by 9.15 am
Sports will conclude approximately 1.45 pm

Note: STUDENTS NEED TO BE COLLECTED BY PARENTS FROM THE ATHLETIC CENTRE AT THE CONCLUSION OF THE SPORTS.

Volunteers Eppalock Primary School will be in charge of some events as well as the supervision of several age groups. We need people to help at the Sports. If you can help, please fill in the attached ‘return slip’ – we are suggesting 60 – 75 minute blocks to ensure that you get plenty of time to watch your own children compete.

Transport We ask all families to fill in the form indicating travel arrangements for the school sports.

School Bus Anyone who does not normally travel on the school bus but requires transport to the sports may meet the bus at school and take it to the Athletic Centre (bus will leave school at 8.55 am sharp). Mrs Ryan will be on duty at school from 8.15 am and Ms Hartney and Mrs Lindhe will be on duty at the Athletic Centre from 8.30 am.

Clothing Children must wear suitable clothing – runners or sneakers, sports skirts with shorts underneath (the skirt must be removed for the high jump), shorts, t-shirt (no dresses, no singlet tops, no bare feet), a jumper and long pants, sunscreen and a wide-brimmed hat.

Please take all weather conditions into consideration.

Weather The weather forecast (at this point) is mostly sunny with an expected top of 20°

Drinks Children should bring plenty of water to drink – NO SPORTS DRINKS, please.

Food Children and families please bring a packed lunch. The Kiosk will also be operating at the Sports. It is not necessary to order in advance.

Asthma All students requiring asthma medication must carry their puffer with them and medicate as required.

Remember all usual school behaviour and excursion rules apply

If for any reason, your child will not be attending the school sports, could you please let us know?

Every student who attends the sports is expected to participate as there are NO teachers available to supervise children who are NOT participating. All staff will be involved in running individual sports events.
MODE OF TRANSPORT TO CLUSTER SPORTS

NAME/S ..........................................................................................................................

Please circle the mode of transport that your child/children will be using to the sports and return slip to the office.

   School bus AM (normal bus traveller)

   School bus – meet bus at school by 8.45 am

   Private car

**** Please be aware that the school bus will NOT run in the afternoon – parents will need to make arrangements to collect their child/children from the sports venue at 1.45pm.

PLEASE NOTE - After School Care will not operate on this day.

VOLUNTEERS FOR CLUSTER SPORTS

If you can assist at the Sports, please write your name next to a time. (A roster will be sent home next week)

<table>
<thead>
<tr>
<th>TIME</th>
<th>NAME</th>
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<tbody>
<tr>
<td>9.30 am – 10.20 am</td>
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<tr>
<td>10.20 am – 11.10 am</td>
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<tr>
<td>11.10 am – 12 noon</td>
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